

DO's and DON'TS

DO obey all traffic signals. Set a good example as a rider to gain motorists respect.

DO stop and ask cyclist who are stopped for repairs if they need help.

DO pick-up or sweep broken glass and metal tire shreds from you regular routes. Help protect yourself and fellow riders from flats.

DON'T ride through Red traffic lights. You piss off motorists and give cyclist a bad name. Cyclist need to have motorist on our side.

DON'T ride with ear pods. It is hard to hear traffic, and more importantly for other cyclists, you can not hear when a rider calls when passing.